

Membership Summary ACCESS

Medical Cost Sharing is an innovative non-insurance solution for managing large healthcare costs.

Our Community works together to save money without compromising quality of care.

We believe that leading a healthy lifestyle, contributing to a sharing community, and having direct access to care can lower costs and create better health outcomes.

A new normal in healthcare is possible.

How it Works

- Individual/Family joins the Sedera Medical Cost Sharing Community through their association
- 2 Member begins to contribute monthly to sharing in the medical Needs of the Community
- 3 When Member has an **eligible** medical Need, they pay their Initial Unshareable Amount (IUA) and submit the remaining bills to the Community
 - Community shares funds with Member for that eligible Need



Need: One or more medical expenses caused by a SINGLE accident or illness.

Initial Unshareable Amount (IUA): The amount a Member pays before a Need is eligible for sharing. *Sharing eligibility is determined by the Sedera Membership Guidelines

What Makes Medical Cost Sharing Unique



Freedom From Networks

Sedera ACCESS Membership Overview



SEDERA'S MEDICAL COST SHARING MEM	BERSHIP
Initial Unshareable Amount (IUA)	\$500, \$1,000, \$1,500, \$2,500, or \$5,000 per medical need
Annual Individual Max # of IUAs	3 IUAs per membership year*
Annual Family Max # of IUAs	5 IUAs per membership year*
Max Shareable Amount	No maximum**
Expert Medical Second Opinion	\$250 reduction in IUA for non-emergency surgery
Network	Freedom to choose
Eligible for sharing prior to meeting Initi	al Unshareable Amount (IUA)
Preventive Care	Screening Colonoscopies and Mammograms, Childhood immunizations by schedule to age 18***
Telemedicine	\$0 Consult Fee; unlimited use
Eligible for sharing after meeting Initial I	Unshareable Amount (IUA)
Primary Care	Shareable after IUA if related to illness or injury
Specialty Care	Shareable after IUA if related to illness or injury
Emergency Room	Shareable after IUA if related to illness or injury
Hospitalization (In-patient)	Shareable after IUA if related to illness or injury
Hospitalization (Out-patient)	Shareable after IUA if related to illness or injury
Surgery (In-patient)	Shareable after IUA if related to illness or injury
Surgery (Out-patient)	Shareable after IUA if related to illness or injury
Maternity****	Shareable after IUA if related to illness or injury
Diagnostic Imaging (MRI, CT, PET Scans)	Shareable after IUA if related to illness or injury
X-rays (office, out-patient or in-patient)	Shareable after IUA if related to illness or injury
Laboratory (out-patient)	Shareable after IUA if related to illness or injury

Prescriptions

Maintenance Medications

Not shareable for existing medications. With new conditions, shareable for the first 120 days

Curative Medications

NOTE: Expenses related to pre-existing conditions up to 36 months prior to enrollment in the Sedera Medical Cost Sharing Community will be limited to 1st year \$0 shareable, 2nd year \$15,000, 3rd year \$30,000 and 4th year shareable. Maintenance Drugs: Sharing eligible for the first 120 days following a new diagnosis.

* Then eligible Needs have a \$0 IUA.

** Dollar amount is not capped, but sharing may be limited by available funds or the Membership Guidelines; for example, therapies generally have a sharing limit of \$1500 per Need.

*** Only if Member does not have access to preventive care through another obligated vehicle.

Shareable as part of a Need

****Standard vaginal deliveries and emergency Cesarean section deliveries for eligible maternity cases have a total IUA of \$5,000. Non-emergency/elective Cesarean section deliveries have a fixed IUA of \$7,500. Please refer to Section 9 of Sedera Membership Guidelines to review Maternity guidelines.

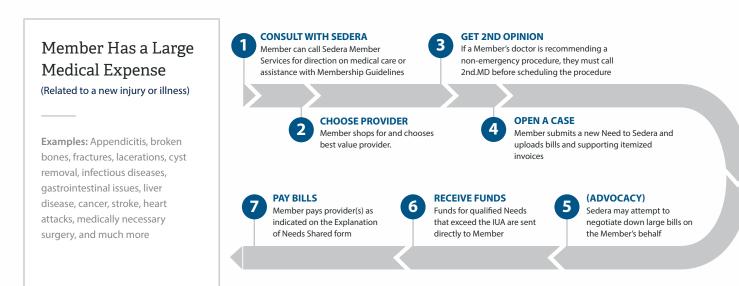
WARNING: SEDERA IS NOT AN INSURANCE COMPANY AND SEDERA'S MEDICAL COST SHARING MEMBERSHIP IS NOT ISSUED OR OFFERED BY AN INSURANCE COMPANY. WHETHER A SPONSORING ENTITY CHOOSES TO SEND MONETARY ASSISTANCE TO YOU AND/OR YOUR FAMILY TO HELP WITH YOUR MEDICAL EXPENSES WILL BE TOTALLY VOLUNTARY AND NEITHER YOU NOR SEDERA HAS ANY RIGHT TO COMPEL PAYMENT OF MEDICAL COST SHARING COSTS FROM ANY MEMBER. THE SEDERA MEMBERSHIP IS NOT AND SHOULD NEVER BE CONSIDERED TO BE OR TO BE LIKE A GROUP INSURANCE POLICY.

How Needs Are Shared



Thousands of community Members throughout the United States voluntarily commit to contribute monthly to one another's larger medical expenses. Here is a look at how Medical Cost Sharing works when a Member has a Need.

The Sedera Medical Cost Sharing Process



Pre-Existing Conditions

Any pre-existing medical condition whether diagnosed or not, that has been active or needed treatment within 36 months prior to a Member's membership start date is subject to sharing limitations.

Pre-existing conditions will become eligible for sharing based on the Member's tenure with the Sedera Medical Cost Sharing Community, as indicated by the following graduated sharing schedule.

Time Constraints For Pre-Existing Conditions After Membership Effective Date	Sharing Eligibility	
First 12 months	Not shareable	
Months 13-24	Shareable to \$15,000	
Months 25-36	Shareable to \$30,000	
Month 37 and after	Shareable	



Additional Sharing Restrictions - Tobacco:

Due to the increased likelihood of higher medical costs associated with tobacco use, Sedera households with one or more tobacco users are required to contribute an additional \$75/month.

Unless tobacco users age 50 and older are confirmed tobacco-free for 12 months, they will have a sharing limit of \$25,000 for each of the following conditions: 1. Cancer, 2. Heart conditions, 3. COPD, 4. Stroke. Below are a range of potential medical Needs from minor to major that illustrate the way a Sedera Member would manage their costs in conjunction with the larger Community.



\$1000

Telemedicine	Retail Clinic	Urgent Care C	enter	Outpatient Hospital	Inpatient Hospital	
MINOR MEDICAL NEED	SMALL TO MEDIUM	SMALL TO MEDIUM MEDICAL NEED		LARGE MED	VICAL NEED	
-Example Sede	era Member	ship	Strep	Throat		
\$1,000 Initial Unshareable Amount			Member has horrible sore throat and needs to know whether it is strep or not. Visits local urgent care as a cas pay patient.			
Sinus Infection			Cash P	ay Price for Visit		\$
Nember feels awful and schedules an appointment with Telemedicine service.		Strep	- est			
			Prescription (using discount coupon)			
elemedicine Visit	emedicine Visit \$0		Total Member Cost			\$
Prescription (using discount co	oupon)	\$14				
fotal Member Cost		\$14		en Arm		
Sprained Ankle				per breaks arm falling c al emergency facility.	off step stool at home	e and g
Sprained Ankle			ER Visi	t (Cash Pay Price)		\$1,
Aember sprains ankle playi are facility to make sure it		-	X-Rays	(Cash Pay Price)		\$
Cash Pay Price for Visit		\$125	Follow-up Office Visits			Ş
nkle brace		\$25	Prescri	ption (using discount co	upon)	
fotal Member Cost		\$150	Shared	l by Community		-\$
		\$150				

Pregnancy

Member becomes pregnant and recieves prenatal care for 9 months. Through Sedera, Member can use any OBGYN doctor. Member has standard vaginal delivery, and postnatal care. Prescription drugs are filled at local pharmacy.

Pre and Post-natal Care	\$2,500
Ultrasounds and Lab Work	\$1,000
Delivery	\$5,000
Prescriptions	\$425
Shared by Community	-\$3,925
Total Member Cost	\$5,000

Heart Attack

Total Member Cost

Member has heart attack at home and is taken to the ER by ambulance. Patient spends 5 days in the hospital and receives: EKG, surgery, and post-surgery physical therapy. Doctor prescribes prescriptions for maintenance.

Total Member Cost	\$1000
Shared by Community	-\$76,525
Follow-up Office Visits	\$500
Prescriptions (for first 120 days)	\$425
Anesthesia and Surgery	\$22,000
Hospital bill	\$54,600



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